

# ACTIVITY

# Cambridge FARMS

# SCHEDULE

Sun	Mon	Tue	Wed 1	Thu 2	Fri 3	Sat 4
			<b>8:30 Breakfast</b> 10:00 Morning Stretch 10:30 Garden Club Service <b>12:00 Lunch</b> 2:00 Quiet Hour 3:00 "What in the World is Going On" 4:00 "The Way it Was Back Then" (dancing) <b>5:00 Dinner &amp; Movie</b> 7:00 Snack	<b>8:30 Breakfast</b> 10:00 Morning Stretch 10:30 Puzzles & Games <b>12:00 Lunch</b> 2:00 Quiet Hour 3:00 Snack & Talk 4:00 "Walk to be Fit" <b>5:00 Dinner &amp; Movie</b> 7:00 Snack 7:15 Casino Night	<b>8:30 Breakfast</b> 10:00 Morning Stretch 10:30 Family Picture Collage <b>12:00 Lunch</b> 2:00 Quiet Hour 3:00 Snack & Talk 4:00 Bingo <b>5:00 Dinner</b> 7:00 Snack	<b>8:30 Breakfast</b> 10:00 Morning Stretch 10:30 Crafts <b>12:00 Lunch</b> 2:00 Quiet Hour 3:00 Snack & Talk 4:00 "Walk to be Fit" <b>5:00 Dinner</b> 7:00 Snack 7:15 "The Way it Was Back Then" (dancing)
5	6	7	8	9	10	11
<b>8:30 Breakfast</b> 10:00 Morning Stretch 10:30 Puzzles & Games <b>12:00 lunch</b> 2:00 Quiet Hour/nap time 3:00 "Walk to be Fit" 4:00 Cooking <b>5:00 Dinner</b> 7:00 Snack Movie Time	<b>8:30 Breakfast</b> 10:00 Morning Stretch 10:30 Shopping Mall & Boutiques <b>12:00 Lunch</b> 2:00 Quiet Hour 3:00 "Walk to Be Fit" 4:00 Social Hour <b>5:00 Dinner</b> 7:00 Snack 7:30 Sing Along	<b>8:30 Breakfast</b> 10:00 Morning Stretch 10:30 Arts and Crafts <b>12:00 Lunch</b> 2:00 Quiet Hour 3:00 Snack & Talk 4:00 Bingo <b>5:00 Dinner</b> 7:00 Snack 7:30 Leisure Activities	<b>8:30 Breakfast</b> 10:00 Morning Stretch 10:30 Puzzles & Games <b>12:00 lunch</b> 2:00 Quiet Hour/nap time 3:00 Garden Club Service 4:00 Cooking <b>5:00 Dinner</b> 7:00 Snack Movie Time	<b>8:30 Breakfast</b> 10:00 Morning Stretch 10:30 Puzzles & Games <b>12:00 Lunch</b> 2:00 Quiet Hour 3:00 Snack & Talk 4:00 "Walk to be Fit" <b>5:00 Dinner &amp; Movie</b> 7:00 Snack 7:15 Casino Night	<b>8:30 Breakfast</b> 10:00 Morning Stretch 10:30 Puzzles & Games <b>12:00 Lunch</b> 2:00 Quiet Hour 3:00 "Walk to Be Fit" 4:00 Social Hour <b>5:00 Dinner</b> 7:00 Snack 7:30 Sing Along	<b>8:30 Breakfast</b> 10:00 Morning Stretch 10:30 Arts and Crafts <b>12:00 Lunch</b> 2:00 Quiet Hour 3:00 Snack & Talk 4:00 Family Time <b>5:00 Dinner</b> 7:00 Snack
12	13	14	15	16	17	18
<b>8:30 Breakfast</b> 10:00 Morning Stretch 10:30 Group Event Discussion <b>12:00 Lunch</b> 2:00 Quiet Hour 3:00 Remember When 4:00 Family Time <b>5:00 Dinner &amp; Movie</b> 7:00 Snack & Leisure Activities	<b>8:30 Breakfast</b> 10:00 Morning Stretch 10:30 Shopping Mall & Boutiques <b>12:00 Lunch</b> 2:00 Quiet Hour 3:00 "Walk to Be Fit" 4:00 Social Hour <b>5:00 Dinner</b> 7:00 Snack 7:30 Sing Along	<b>8:30 Breakfast</b> 10:00 Morning Stretch 10:30 Arts and Crafts <b>12:00 Lunch</b> 2:00 Quiet Hour 3:00 Snack & Talk 4:00 Bingo <b>5:00 Dinner</b> 7:00 Snack 7:30 Leisure Activities	<b>8:30 Breakfast</b> 10:00 Morning Stretch 10:30 Garden Club Service <b>12:00 Lunch</b> 2:00 Quiet Hour 3:00 "Walk to Be Fit" 4:00 Social Hour <b>5:00 Dinner</b> 7:00 Snack 7:30 Sing Along	<b>8:30 Breakfast</b> 10:00 Morning Stretch 10:30 Puzzles & Games <b>12:00 Lunch</b> 2:00 Quiet Hour 3:00 Snack & Talk 4:00 "Walk to be Fit" <b>5:00 Dinner &amp; Movie</b> 7:00 Snack 7:15 Casino Night	<b>8:30 Breakfast</b> 10:00 Morning Stretch 10:30 Garden Club Service <b>12:00 Lunch</b> 2:00 Quiet Hour 3:00 "What in the World is Going On" 4:00 "The Way it Was Back Then" (dancing) <b>5:00 Dinner &amp; Movie</b> 7:00 Snack & Leisure Activities	<b>8:30 Breakfast</b> 10:00 Morning Stretch 10:30 Arts and Crafts <b>12:00 Lunch</b> 2:00 Quiet Hour 3:00 Snack & Talk 4:00 Family Time <b>5:00 Dinner</b> 7:00 Snack, Leasure, Family Time
19	20	21	22	23	24	25
<b>8:30 Breakfast</b> 10:00 Morning Stretch 10:30 Group Event Discussion <b>12:00 Lunch</b> 2:00 Quiet Hour 3:00 Remember When 4:00 Family Time <b>5:00 Dinner &amp; Movie</b> 7:00 Snack & Leisure Activities	<b>8:30 Breakfast</b> 10:00 Morning Stretch 10:30 Shopping Mall & Boutiques <b>12:00 Lunch</b> 2:00 Quiet Hour 3:00 Remember When 4:00 Family Time <b>5:00 Dinner &amp; Movie</b> 7:00 Snack & Leisure Activities	<b>8:30 Breakfast</b> 10:00 Morning Stretch 10:30 Arts and Crafts <b>12:00 Lunch</b> 2:00 Quiet Hour 3:00 Snack & Talk 4:00 Bingo <b>5:00 Dinner</b> 7:00 Snack 7:30 Leisure Activities	<b>8:30 Breakfast</b> 10:00 Morning Stretch 10:30 Garden Club Service <b>12:00 Lunch</b> 2:00 Quiet Hour 3:00 "What in the World is Going On" 4:00 "The Way it Was Back Then" (dancing) <b>5:00 Dinner &amp; Movie</b> 7:00 Snack & Leisure Activities	<b>8:30 Breakfast</b> 10:00 Morning Stretch 10:30 Puzzles & Games <b>12:00 Lunch</b> 2:00 Quiet Hour 3:00 Snack & Talk 4:00 "Walk to be Fit" <b>5:00 Dinner &amp; Movie</b> 7:00 Snack 7:15 Casino Night	<b>8:30 Breakfast</b> 10:00 Morning Stretch 10:30 Puzzles & Games <b>12:00 Lunch</b> 2:00 Quiet Hour 3:00 "Walk to Be Fit" 4:00 Social Hour <b>5:00 Dinner</b> 7:00 Snack 7:30 Sing Along	<b>8:30 Breakfast</b> 10:00 Morning Stretch 10:30 Arts and Crafts <b>12:00 Lunch</b> 2:00 Quiet Hour 3:00 Snack & Talk 4:00 Family Time <b>5:00 Dinner</b> 7:00 Snack & Leasure
26	27	28	29	30		
<b>8:30 Breakfast</b> 10:00 Morning Stretch 10:30 Group Event Discussion <b>12:00 Lunch</b> 2:00 Quiet Hour 3:00 Remember When 4:00 Family Time <b>5:00 Dinner &amp; Movie</b> 7:00 Snack & Leisure Activities	<b>8:30 Breakfast</b> 10:00 Morning Stretch 10:30 Shopping Mall & Boutiques <b>12:00 Lunch</b> 2:00 Quiet Hour 3:00 Remember When 4:00 Family Time <b>5:00 Dinner &amp; Movie</b> 7:00 Snack & Leisure Activities	<b>8:30 Breakfast</b> 10:00 Morning Stretch 10:30 Arts and Crafts <b>12:00 Lunch</b> 2:00 Quiet Hour 3:00 Snack & Talk 4:00 Bingo <b>5:00 Dinner</b> 7:00 Snack 7:30 Leisure Activities	<b>8:30 Breakfast</b> 10:00 Morning Stretch 10:30 Shopping Mall & Boutiques <b>12:00 Lunch</b> 2:00 Quiet Hour 3:00 "Walk to Be Fit" 4:00 Social Hour <b>5:00 Dinner</b> <b>7:00 Snack &amp; Movie Time 8:30 Breakfast</b> 7:30 Leisure Activities	<b>8:30 Breakfast</b> 10:00 Morning Stretch 10:30 Arts and Crafts <b>12:00 Lunch</b> 2:00 Quiet Hour 3:00 Snack & Talk 4:00 Bingo <b>5:00 Dinner</b> 7:00 Snack 7:30 Leisure Activities		